

longcovid.expert — Information sheet

DNA wellness report in the context of post-COVID research · for patient organisations, partners and interested readers · as of 9 July 2026

What this is about

The DNA wellness report maps genetic patterns across **six biological mechanisms** studied in Long COVID research: immune regulation, cellular energy production, cognitive function, heart and blood vessel function, inflammation and autoimmunity, and glucose processing with insulin response. It shows how often the related genetic patterns occur in your own DNA — **compared with people with Long COVID** from the research populations.

What it is — and what it is not

The report serves educational and informational purposes. It provides **no diagnosis**, is **not a medical device** and gives **no personalised health recommendations**. It predicts neither illness nor course. The underlying analysis is a research signal on a preprint basis. For health questions, please consult a qualified healthcare professional.

- **Associated is not causing:** the patterns are pointers to possible biological focal areas.
- **Genetic predisposition is not your current state:** it is stable, while wellbeing can change.
- **No notable pattern** does not mean the symptoms are not real.

Process

1 · Request free and non-binding	2 · Saliva kit sample at home, postage-free return	3 · Sequencing CeGaT, Germany	4 · Analysis PrecisionLife appliance, Germany	5 · Report in the protected area
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Methodology & data

Sample	saliva, collected at home
Sequencing	CeGaT GmbH, Tübingen — accredited specialist laboratory in Germany (low-pass WGS incl. imputation)
Analysis	combinatorial analysis by PrecisionLife, as an appliance on servers in Germany
Data protection	Laboratory and analysis work pseudonymously — they only see a sample ID, never the name. Genetic data does not leave Germany (GDPR Art. 9). Erasure possible at any time.
Requirement	persons aged 18 and over
Price	€599 including statutory VAT, instalments possible

Scope

personal DNA wellness report + Post-COVID Wellness Guide (symptom chapters, strategies, sources with evidence ratings)

For patient organisations and partners

- Clear information material for your members, in three languages (German, Czech, English).
- Dedicated contacts for questions on methodology, data protection and the limits of the report.
- **No sales pressure on those affected:** the first step is free and non-binding.
- Information sessions for groups on request; terms are discussed individually and openly.

It matters to us that self-help work does not become a sales channel. We provide material and information — the decision always stays with the people affected.

longcovid.expert · Innovation & Kooperation Scheiber GmbH, Ahornweg 4, 95643 Tirschenreuth · Non-diagnostic DNA wellness report, not a medical device under the IVDR. Results do not replace medical advice.